

Risk Assessment: Team Challenges

Venue	Rewilding Adventure Site, Dunsdale	Completed by:	Morgan Lax	Date:	14th April 2025	Review Date:	14th April 2027		
Description of site / activity / tools:									
Rewilding Adventure use a range of team building activities and challenges to elicit the skills and qualities that participants have. Coupled with planning, review and reflection exercises these are powerful ways of developing people and teams. Many of the activities are typical of what you would see when doing a team challenge event-planks, barrels and ropes.									
	Hazard	Harm	People at Risk	Existing Control Measure	Likelihood (1-3)	Severity (1-3)	Rating LxS (1-9)	New Control Measure Who? When?	Comments
1.	Slips, trips and falls	Lower-limb injuries, fractures and bruises	All	<ul style="list-style-type: none">Conducted on flat, even groundHigh visibility ropes usedBoundary ropes pegged downAppropriate footwear advisedVerbal warning of more energetic activitiesFirst aid provision available	1	2	2		
2.	Handling ropes	Rope burns	Participants	<ul style="list-style-type: none">Verbal warningVery few activities have moving ropesHand-to-hand technique advised	1	1	1	Gloves will be provided if there is an increase in moving ropes	
3.	Lifting	Back injuries	Participants	<ul style="list-style-type: none">Verbal warning<i>Many hands make light work</i> principle applied<i>Straight back and bent legs</i> advised when lifting	1	2	2		
4.	Lifting person (spider’s web activity)	Lower-limb injuries, fractures and bruises	Participants	<ul style="list-style-type: none">Verbal warningAt least 4 people in contact at all times advisedShoulders and backs of lifted person especially supported (avoid holding head- this can cause neck injury)Advise given regarding which person to liftCan only lift and pass through if there is sufficient people to receive on the other side of the web	1	2	2		
5.	Blindfolded person (sheep and shepherd)	Injury, collision or fall	Participants	<ul style="list-style-type: none"><i>Stop</i> command usedOnly conducted in areas away from trip hazards, roads, fencesInstructor to monitor	1	2	2		

Comments/Concerns: This risk assessment will be reviewed in the event of any incident or near miss in order to be fully informed for the future. It is not an exhaustive list, and is written with experience of FS and bushcraft activities in mind and the incidents (or lack of) that have been encounter in the preceding 9 years.	Recommendations: For bi-annual review- due March 2025
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Risk / Benefit Analysis of Scenarios relating to this Risk Assessment

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